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Updates: Evidence-Based Clinical Practice Guidelines and Resources

The Multiple Chronic Conditions Resource Center houses current guidelines to meet the comprehensive care needs of the nation's largest patient population. The following guidelines have recently been released:

[Clinical guidelines and strategic plan for the prevention, diagnosis and treatment of delirium](#)

Published in August 2025 by the Spanish Society of Anaesthesiology, Resuscitation and Pain Therapy

[Alzheimer's Association Clinical Practice Guideline on the use of blood-based biomarkers in the diagnostic workup of suspected Alzheimer's disease within specialized care settings](#)

Published in July 2025 by the Alzheimer's Association International

[Scientific Statement on the Management of Obesity in Adults with Heart Failure: A Report of the American College of Cardiology](#)

Published in June by the American College of Cardiology

[Clinical Decision Algorithms in Diabetes: A Practical Pocket Reference for Diagnosis, Classification, and Management of Diabetes and its Complication](#)

Published in 2025 by the American Diabetic Association and meets the ADA 2025 Standards of Care in Diabetes

[ACC/AHA Guideline Addresses Prevention, Detection, Evaluation and Management of High Blood Pressure](#)

Published in August 2025 by the American College of Cardiology and American Health Association

[Standards of Care in Diabetes - 2025](#)

Published December 2024, American Diabetic Association

PODCASTS



PODCAST: *Person Centered Care Planning for Persons with Multiple Chronic Conditions*

Arlene Bierman MD, MS, Agency for Healthcare Research and Quality, **Brittany Watson MD, MPH**, Wake Forest University School of Medicine, **Jane Pederson MD, MS**, Stratis Health – discuss the recent JAMA Online publication *Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions*. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population



PODCAST: *Using the 4 M's in Person-Centered Care Planning for Persons with Multiple Chronic Conditions Patient*

Dr. Cheryl Phillips MD, AGSF, Senior Program Consultant The John A Hartford Foundation

To learn more about the CMS age-friendly care measure:
<https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/Age-Friendly/Resources/CMS%20measure%20overview%202024%2010%2004.pdf>



PODCAST: *A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions*

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute exacerbations and hospitalization.



PODCAST: *Integrating Behavioral Health in the Primary Care Setting*



Paul Clechanowski MD, University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes



PODCAST: *Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.*

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and self-advocacy.



PODCAST: *Chronic Care Management: Do's, Don't's and Everything in Between*

Irina Koytman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.



PODCAST: *The Effects of the Immune System in Multiple Chronic Conditions*

Matthew Sorenson PhD, Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.



PODCAST: *Helping Overloaded People Remaining in the Workforce*

Gienna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book *The NetworkSage: Realize Your Network Superpower.*



PODCAST: *Understanding the Link Between Diabetes and Low Testosterone in Men*

Julian Gallegos PhD, Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.

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WEBINARS

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Person Centered Care Planning for the Oncology Patient



Course Objectives/Takeaways

- Review pathophysiology, diagnosis, management and incidence of prevalent malignancy.
- Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
- Examine the patient's oncology experience and how the nurse-pharmacist team can help to navigate the patient and family journey.

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MORE WEBINARS

- [Simulation: Preparing for workplace violence](#)
- [Tactical Implementation of an Effective Falls Program](#)
- [Challenging and Inspiring: Beyond Common Fall Prevention Practices](#)
- [Something's afoot: foot health in nursing and beyond](#)
- [Travel Nursing – How to ensure a good experience](#)
- [Navigating the latest Temperature Management guidelines](#)
- [Safety & Science of Low- and No-Calorie Sweeteners](#)
- [When There Are No More Nurses...](#)
- [Strategies for Reducing Falls in the ED](#)
- [Medication Safety: Protecting Your Patients...and Your Practice](#)

- [Mindful Communication: Leadership and Staff Perspectives](#)
- [Truth or lies: Fighting back against misinformation](#)

[VIEW MORE](#)

The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.

[Resource Center](#)



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