

November 2025

SUBSCRIBE TODAY! American Nurse reaches over 200,000 dedicated nurses in a multitude of specialties and practice settings!

Digital \$14.97/yr. 12 digital issues A 6-MONTH digital edition Print \$36.97/yr. 12 print and 2 digital issues A 6-MONTH digital edition **NURSE**



Determinants of Health in Rural Healthcare

Approximately 61 million Americans live in rural areas which is 1 out of 5 people. The number who receive rural healthcare depends on their access to facilities such as health clinics and hospitals. There is serious concern regarding the multiple closings of rural hospitals nationwide.

This month, the [Primary Care Collaborative](#) together with the [Robert Graham Center](#) released the [2025 Evidence Report on Closing the Distance in Rural Primary Care](#). This report highlights the current state of rural primary healthcare in the U.S. and concern regarding the 2025 passage of the large federal tax and reconciliation legislative package that has reduced Medicaid coverage and spending. Federal Medicaid spending is predicted to fall by \$137 billion in rural areas over the next decade. This report concludes with policy recommendations to strengthen and sustain rural primary care so that all types of rural communities can thrive with better health.

Also, this month [UnitedHealthcare Medicare Advantage](#) announced effective January 2026, they will no longer fund remote patient monitoring (RPM) which affects persons with type 2 diabetes, hypertension, chronic obstructive pulmonary disease among other conditions further affecting the rural population. They will continue to provide RPM for heart failure and pregnancy related hypertension.

The [Multiple Chronic Conditions Resource Center](#) released a new Podcast on the [Determinants of Health in Rural Healthcare](#). This Podcast highlights the rural healthcare center established by Northern Michigan University (NMU) and its impact on the rural population who reside in the upper peninsula of Michigan. Former Director James K. Haveman of the Michigan Department of Community Health under two Governors, and Elise Bur the Director of the Center discuss the evolution of the NMU Rural Healthcare Center and its impact on providing determinants of health to a unique patient population.

This Podcast highlights the rural healthcare center established by [Northern Michigan University](#) (NMU) and its impact on the rural population who reside in the upper peninsula of Michigan. Former Director James K. Haveman of the [Michigan Department of Community Health](#) under two Governors, and Elise Bur the Director of the Center discuss the evolution of the NMU Rural Healthcare Center and its impact on providing determinants of health to a unique patient population.

The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.

Resource Center

RECENT PODCAST



PODCAST: *Determinants of Health in Rural Healthcare*

This Podcast highlights the rural healthcare center established by Northern Michigan University (NMU) and its impact on the rural population who reside in the upper peninsula of Michigan. Former Director **James K. Haveman** of the Michigan Department of Community Health under two Governors, and **Elise Bur** the Director of the Center discuss the evolution of the NMU Rural Healthcare Center and its impact on providing determinants of health to a unique patient population.

MORE PODCASTS





PODCAST: *Person Centered Care Planning for Persons with Multiple Chronic Conditions*

Arlene Bierman MD, MS, Agency for Healthcare Research and Quality, **Brittany Watson MD, MPH**, Wake Forest University School of Medicine, **Jane Pederson MD, MS**, Stratis Health – discuss the recent JAMA Online publication *Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions*. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population



PODCAST: *Redefining Palliative Care: From End-of-Life to Lifelong Quality*

In this powerful discussion, we explore how palliative care is being redefined from a focus on the end of life to an emphasis on living better throughout illness. Our guest shares how health entrepreneurs and practitioners are pioneering new models of supportive care that give patients and their families dignity, resilience, and quality of life first.



PODCAST: *Using the 4 M's in Person-Centered Care Planning for Persons with Multiple Chronic Conditions Patient*

Dr. Cheryl Phillips MD, AGSF, Senior Program Consultant The John A Hartford Foundation

To learn more about the CMS age-friendly care measure:
<https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/Age-Friendly/Resources/CMS%20measure%20overview%202024%2010%2004.pdf>



PODCAST: *A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions*

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute exacerbations and hospitalization.



PODCAST: *Integrating Behavioral Health in the Primary Care Setting*

Paul Clechanowski MD, University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes



PODCAST: *Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.*

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and self-advocacy.



PODCAST: *Chronic Care Management: Do's, Don't's and Everything in Between*

Irina Koytman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.



PODCAST: *The Effects of the Immune System in Multiple Chronic Conditions*

Matthew Sorenson PhD, Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.



PODCAST: *Helping Overloaded People Remaining in the Workforce*

Glenna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book *The NetworkSage: Realize Your Network Superpower*.



PODCAST: *Understanding the Link Between Diabetes and Low Testosterone in Men*

Julian Gallegos PhD, Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.

Listen on your favorite platform now: [YouTube](#) | [Apple](#) | [Spotify](#)





WEBINARS

FREE ON-DEMAND

Person Centered Care Planning for the Oncology Patient



Course Objectives/Takeaways

- Review pathophysiology, diagnosis, management and incidence of prevalent malignancy.
- Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
- Examine the patient's oncology experience and how the nurse-pharmacist team can help to navigate the patient and family journey.

WATCH NOW

MORE WEBINARS

- [Simulation: Preparing for workplace violence](#)
- [Tactical Implementation of an Effective Falls Program](#)
- [Challenging and Inspiring: Beyond Common Fall Prevention Practices](#)
- [Something's afoot: foot health in nursing and beyond](#)
- [Travel Nursing – How to ensure a good experience](#)
- [Navigating the latest Temperature Management guidelines](#)
- [Safety & Science of Low- and No-Calorie Sweeteners](#)
- [When There Are No More Nurses...](#)
- [Strategies for Reducing Falls in the ED](#)
- [Medication Safety: Protecting Your Patients...and Your Practice](#)
- [Mindful Communication: Leadership and Staff Perspectives](#)
- [Truth or lies: Fighting back against misinformation](#)

VIEW MORE



Healthcom Media
5219 Militia Hill Rd., Plymouth Meeting, PA, 19462 US

[Privacy Policy](#) [Update Profile](#) [Unsubscribe](#)