- CLINICAL PRACTICE GUIDELINES & RESOURCES -

Multiple Chronic Conditions RESOURCE







nerican Nurse reaches over 200,000 dedicated nurs in a multitude of specialties and practice settings!

NURSE



Do you know the difference between person-centered care planning and patient-centered care?



In healthcare we tend to use terms person-cer interchangeably - do you know the difference? rson-centered care and patient-centered care

Patient-Centered Care Planning (PCCP) provides a broader focus on the individual needs and what matters most to the person long-term - it considers the entirety of the person's life physically, socially, emotionally and spiritually, PCCP promotes autonomy and includes the social, economic and environmental factors in the care planning. The goal is to promote a meaningful life.

Patient-centered care (PCC) is more focused on the immediate, short-term medical needs of the person. The goal is to maintain physical functioning and promotes shared decision making between the person and provider by empowering self-management.

This past March the Agency for Healthcare Research and Quality (AHRQ) held a summit of over Inis past March the Agency for Healthcare Research and Quality (AHKQ) held a summit of over 100 attendees on Person-Centered Care Planning for Persons with or at Risk for Multiple Chronic Conditions. The members of the summit recognize that MCC complicates all aspects of healthcare delivery, whether it is acute care, chronic condition management, mental or behavioral habit, coordination of care, transitions in care, palliative care, self-management and medication management. Promoting PCCP can be used to help reduce complicated and fragmented care in this patient population who often move between multiple providers and across several health systems and practices.

View the recent podcast with Drs Arlene Bierman, Brittany Watson and Jane Pederson as they discuss the PCCP initiatives with AHRQ and the recent publication published in Online JAMA.



PODCAST: Person Centered Care Planning for Persons with Multiple

Arlene Bierman MD, MS, Agency for Healthcare Research and Quality, Brittany Watson MD, MPH, Wake Forest University School of Medicine, Jane Pederson MD, MS, Stralis Health – discuss the recent JAMA Online publication Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population

WATCH NOW

MORE PODCASTS



PODCAST: A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute exacerbations and hospitalization.



PODCAST: Integrating Behavioral Health in the Primary Care Setting

Paul Ciechanowski MD. University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes



PODCAST: Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and selfadvocacy.



PODCAST: Chronic Care Management: Do's, Don't's and Everything in Between

Irina Kovfman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.



PODCAST: The Effects of the Immune System in Multiple

Matthew Sorenson PhD, Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.



PODCAST: Helping Overloaded People Remaining in the

Glenna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book *The NetworkSage: Realize Your Network Superpower.*



PODCAST: Understanding the Link Between Diabetes and

Julian Gallegos PhD, Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.

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WEBINARS

NEW ON-DEMAND WEBINAR

Person Centered Care Planning for the Oncology Patient



Course Objectives/Takeaways

- · Review pathophysiology, diagnosis, management
- Review patnophysiology, diagnosis, management and incidence of prevalent malignancy.
 Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
 Examine the patient's oncology experience and how
- the nurse-pharmacist team can help to navigate the patient and family journey.

FREE ON-DEMAND

- Simulation: Preparing for workplace violence
- Tactical Implementation of an Effective Falls Program
- Challenging and Inspiring: Beyond Common Fall Prevention Practices
- Something's afoot: foot health in nursing and beyond
 Travel Nursing How to ensure a good experience
- Navigating the latest Temperature Management guidelines
- . Safety & Science of Low- and No-Calorie Sweeteners
- When There Are No More Nurses...
- Strategies for Reducing Falls in the ED
 Medication Safety: Protecting Your Patients...and Your Practice
- Mindful Communication: Leadership and Staff Perspectives
- · Truth or lies: Fighting back against misinformation

The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.



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