

MultipleChronicConditions

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The Multiple Chronic Conditions Resource Center provides healthcare professionals, patients, families, caregivers and policy makers on updates to support the nation's largest user of healthcare resources – those living with two or more chronic conditions. We are expanding our focus on providing credible resources for the patient, family and caregiver and proud to announce our newest Editorial Board Member. Richard Knight is a well-recognized patient advocate and will bring an important perspective on person-centered care.



RICHARD A. KNIGHT, MBA understands patient care as a kidney transplant recipient of eighteen years and a former hemodialysis patient. He is the Past President of the American Association of Kidney Patients (AAKP) and serves on numerous advisory boards and committees. Richard is an Adjunct Instructor at Bowie State University and a founding member of BSU's College of Business Board of Advisors. Additionally, he is a Board Member of the Personalized Medicine Coalition, advocating for the adoption of personalized medicine to benefit patients and health systems.

More recently, Richard has held significant roles, including membership on the National Diabetes and Digestive and Kidney Diseases (NIDDK) Advisory Council, Co-Chair of the NIDDK Strategic Plan Stakeholder Engagement Subgroup, and participation in the Steering Committee for NIDDK's Kidney Precision Medicine Project (KPMP) and the Scientific Registry of Transplant Recipients (SRTR) Visiting Committee. He has also contributed to nine Center for Medicare and Medicaid Services (CMS) Technical Expert Panels (TEPs).

Currently, Richard co-chairs the NIDDK KPMP's Community Engagement Committee and serves on the Xenotransplantation Advisory Committee and the Collaborating Leaders to Address Racism with Interventions for Equity-Kidney Disease (CLARIFY-KD) Project. Richard also serves as Chair of the Patient Advisory Committee for the NIH/NIDDK project Caring for OutPATients after Acute Kidney Injury (COPE-AKI). He is a member of the International Society of Nephrologists' Patient Liaison Advisory Group (PLAG) and the Critical Path Institute's BioMarker Data Repository Governing Committee.

Richard's commitment has been recognized with the President's Volunteer Service Award from President Trump in 2020 and the President's Lifetime Achievement Award from President Biden in 2022. In 2017, he received the American Society of Nephrologists President's Award.

As an international advocate for kidney patients, Richard frequently speaks on topics such as increasing diversity in clinical trials and restructuring healthcare systems to offer more innovative patient choices. His work has been published in peer-reviewed journals, including the Clinical Journal of the American Society of Nephrology, Nature, Clinical Transplantation, the American Journal of Kidney Disease, and Patient Education and Counseling.

UPCOMING PODCAST



Using the 4 M's in Person-Centered Care Planning for Persons with Multiple Chronic Conditions Patient

Dr. Cheryl Phillips MD, AGSF
Senior Program Consultant
The John A Hartford Foundation

View the [recent podcast](#) with Drs Arlene Bierman, Brittany Watson and Jane Pederson as they discuss the PCCP initiatives with AHRQ and the [recent publication](#) published in Online JAMA.



PODCAST: Person Centered Care Planning for Persons with Multiple Chronic Conditions

Arlene Bierman MD, MS, Agency for Healthcare Research and Quality, **Brittany Watson MD, MPH**, Wake Forest University School of Medicine, **Jane Pederson MD, MS**, Stratis Health – discuss the recent JAMA Online publication *Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions*. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population

WATCH NOW

MORE PODCASTS



PODCAST: A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute



exacerbations and hospitalization.



PODCAST: Integrating Behavioral Health in the Primary Care Setting

Paul Ciechanowski MD, University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes



PODCAST: Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and self-advocacy.



PODCAST: Chronic Care Management: Do's, Don't's and Everything in Between

Irina Koyfman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.



PODCAST: The Effects of the Immune System in Multiple Chronic Conditions

Matthew Sorenson PhD, Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.



PODCAST: Helping Overloaded People Remaining in the Workforce

Glenna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book *The NetworkSage: Realize Your Network Superpower*.



PODCAST: Understanding the Link Between Diabetes and Low Testosterone in Men

Julian Gallegos PhD, Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.

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WEBINARS

FREE ON-DEMAND

Person Centered Care Planning for the Oncology Patient



Course Objectives/Takeaways

- Review pathophysiology, diagnosis, management and incidence of prevalent malignancy.
- Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
- Examine the patient's oncology experience and how the nurse-pharmacist team can help to navigate the patient and family journey.

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MORE WEBINARS

- [Simulation: Preparing for workplace violence](#)
- [Tactical Implementation of an Effective Falls Program](#)
- [Challenging and Inspiring: Beyond Common Fall Prevention Practices](#)
- [Something's afoot: foot health in nursing and beyond](#)
- [Travel Nursing – How to ensure a good experience](#)

- [Navigating the latest Temperature Management guidelines](#)
- [Safety & Science of Low- and No-Calorie Sweeteners](#)
- [When There Are No More Nurses...](#)
- [Strategies for Reducing Falls in the ED](#)
- [Medication Safety: Protecting Your Patients...and Your Practice](#)
- [Mindful Communication: Leadership and Staff Perspectives](#)
- [Truth or lies: Fighting back against misinformation](#)

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The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.

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