MultipleChronicConditions | RESOURCE CENTER

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Person-Centered Age-Friendly Care Measures

In January 2025 the Centers for Medicare & Medicaid Services (CMS) launched the *Inpatient Quality Reporting Program* that is grounded in the Age-Friendly Health Systems and includes the 4Ms (what matters, medication, mentation and mobility). The CMS Age Friendly Hospital Measure advances the movement of **Age-Friendly Health Systems** vision to ensure older American adults receive evidence-based, age-friendly care that aligns with what matters most to the person, family and caregiver.

Currently, there are close to 5,000 care sites across the county that have been recognized as an Age-Friendly Health System. Inpatient hospital and long-term care settings who utilize the CMS reporting metrics provide transparency to the public so older adults, families and caregivers can chose health systems that focus on age friendly care.

The Multiple Chronic Conditions Resource Center recently released a new podcast with Dr. Cheryl Phillips MD, AGSF Senior Health Consultant with the John A. Hartford Foundation where she discusses the 4Ms impact on person-centered care planning for persons with or at risk for multiple chronic conditions. She highlights the new CMS measure and the opportunity for health systems to promote age-friendly healthcare in the U.S.

Using the 4 M's in Person-Centered Care Planning for Persons with Multiple Chronic Conditions Patient

Dr. Cheryl Phillips MD, AGSF
Senior Program Consultant
The John A Hartford Foundation

Listen Now

To learn more about the CMS age-friendly care measure:
https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/Age-Friendly/Resources/CMS%20measure%20overview%202024%2010%2004.pdf

PODCASTS

View the **recent podcast** with Drs Arlene Bierman, Brittany Watson and Jane Pederson as they discuss the PCCP initiatives with AHRQ and the **recent publication** published in Online JAMA.

PODCAST: *Person Centered Care Planning for Persons with Multiple Chronic Conditions*

Arlene Bierman MD, MS, Agency for Healthcare Research and Quality, **Brittany Watson MD, MPH**, Wake Forest University School of Medicine, **Jane Pederson MD, MS**, Stratis Health – discuss the recent JAMA Online publication *Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions*. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population

WATCH NOW

MORE PODCASTS

PODCAST: *A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions*

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute exacerbations and hospitalization.

PODCAST: *Integrating Behavioral Health in the Primary Care Setting*

Paul Ciechanowski MD, University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes

PODCAST: *Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.*

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and self-advocacy.

PODCAST: *Chronic Care Management: Do's, Don't's and Everything in Between*

Irina Koyfman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.

PODCAST: *The Effects of the Immune System in Multiple Chronic Conditions*

Matthew Sorenson PhD, Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.

PODCAST: *Helping Overloaded People Remaining in the Workforce*

Glenna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book *The NetworkSage: Realize Your Network Superpower.*

PODCAST: *Understanding the Link Between Diabetes and Low Testosterone in Men*

Julian Gallegos PhD, Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.

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WEBINARS

FREE ON-DEMAND

Person Centered Care Planning for the Oncology Patient

Course Objectives/Takeaways

- Review pathophysiology, diagnosis, management and incidence of prevalent malignancy.
- Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
- Examine the patient's oncology experience and how the nurse-pharmacist team can help to navigate the patient and family journey.

WATCH NOW

MORE WEBINARS

- Simulation: Preparing for workplace violence
- Tactical Implementation of an Effective Falls Program
- Challenging and Inspiring: *Beyond* Common Fall Prevention Practices
- Something's afoot: foot health in nursing and beyond
- Travel Nursing – How to ensure a good experience
- Navigating the latest Temperature Management guidelines
- Safety & Science of Low- and No-Calorie Sweeteners
- When There Are No More Nurses...
- Strategies for Reducing Falls in the ED
- Medication Safety: Protecting Your Patients...and Your Practice

- Mindful Communication: Leadership and Staff Perspectives
- Truth or lies: Fighting back against misinformation

VIEW MORE

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