- CLINICAL PRACTICE GUIDELINES & RESOURCES -

# Multiple Chronic Conditions RESOURCE





nerican Nurse reaches over 200,000 dedicated nurs in a multitude of specialties and practice settings! NURSE



#### **PODCASTS: Year in Review**

The Multiple Chronic Conditions Resource Center is proud to highlight the past year's Podcasts. We have interviewed key thought leaders in health policy, clinical practice, research and education. Our Podcast collection reflects an interdisciplinary perspective that includes the patient, family and caregiver. Stay tuned for more podcasts that strive to provide current trends in policy and practice to meet the complex care needs of the nation's largest patient population - those living with two or more chronic conditions.



PODCAST: Person Centered Care Planning for Persons with Multiple

ne Bierman MD, MS, Agency for Healthcare Research and Quality, Brittany Watson MD, MPH, Wake Forest University School of Medicine, Jane Pederson MD, MS, Stratis Health – discuss the recent JAMA Online publication Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions. Discussion includes federal initiatives focused on person-centered care planning and how clinicians, organizations and policy can empower the largest US patient population



PODCAST: A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions

Eduardo Bruera MD, University of Texas MD Anderson Cancer Center describes the integration of palliative care into the primary care setting. Palliative care used in the management of multiple chronic conditions, improves physical functioning, quality of life and reduces acute exacerbations and hospitalization.



PODCAST: Integrating Behavioral Health in the Primary Care

Paul Clechanowski MD, University of Washington discusses how to integrate behavioral health in the primary care setting for persons living with multiple chronic conditions. He discusses clinical inertia and how this can influence health outcomes



PODCAST: Patient Perspective on Living with Chronic Kidney Disease and Multiple Chronic Conditions.

Richard Knight, Bowie State University describes his patient journey and kidney transplant. He describes the need for patient education and selfadvocacy.



PODCAST: Chronic Care Management: Do's, Don't's and Everything in Between

Irina Koyfman DNP discusses the Chronic Care Management, Medicare incentive for primary care providers. She promotes the use of this billing incentive through specialist providers.



PODCAST: The Effects of the Immune System in Multiple **Chronic Conditions** 

Matthew Sorenson PhD. Texas A&M School of Nursing discusses how the immune system is affected by multiple chronic conditions.



PODCAST: Helping Overloaded People Remaining in the

Glenna Crooks PhD describes her research on helping overly committed people to remain in the workforce. She highlights her recent book The NetworkSage: Realize Your Network Superp



PODCAST: Understanding the Link Between Diabetes and Low Testosterone in Men

Julian Gallegos PhD. Purdue University School of Nursing describes the importance of men's health and the link between obesity, diabetes and low testosterone.





# **WEBINARS**

# **UPCOMING WEBINAR**

## **THURSDAY, APRIL 24**

Person-Centered Care vs Patient-Centered



## Course Objectives/Takeaways

- Review pathophysiology, diagnosis, management
- Review patnophysiology, diagnosis, management and incidence of prevalent malignancy.
  Describe how the nurse, pharmacist collaboration can ensure patient-centered care planning within the oncology setting.
  Examine the patient's oncology experience and how the nurse-pharmacist team can help to navigate the patient and family journey.

# REGISTER NOW

## FREE ON-DEMAND

- Simulation: Preparing for workplace violence
  Tactical Implementation of an Effective Falls Program
- Challenging and Inspiring: Beyond Common Fall Prevention Practices
- Something's afoot: foot health in nursing and beyond
  Travel Nursing How to ensure a good experience
- Navigating the latest Temperature Management guidelines
  Safety & Science of Low- and No-Calorie Sweeteners
- When There Are No More Nurses...
- Strategies for Reducing Falls in the ED
  Medication Safety: Protecting Your Patients...and Your Practice
- Mindful Communication: Leadership and Staff Perspectives
- Truth or lies: Fighting back against misinformation

VIEW MORE

The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.





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