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NURSE

Person-Centered Care Planning



A recent publication in JAMA Network Open on [Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions](#) by Watson et. al., is the first report on person-centered care planning (PCCP) in people with multiple chronic conditions (MCC). This qualitative study offers solutions for patient care delivery and identifies barriers and facilitators to implementation from an interdisciplinary and geographical perspective.

The researchers of this study analyzed responses from a Request for Information (RIF) that was posted in the Federal Register and directed by the Agency for Healthcare Research and Quality (AHRQ) seeking input on PCCP. The RIF was available to the public from September 2022 – November 2022 and the analysis occurred from January 2023 to February 2024.

This qualitative study identified specific themes that offer solutions for care delivery and barriers to implementing PCCP for the nation's largest patient population. This analysis will help to inform AHRQ's initiative towards widespread adoption of PCCP in routine clinical practice to meet the comprehensive care needs associated with MCC.

Analysis was generated from 58 respondents that included providers, clinicians, researchers, patients, caregivers, payers, health systems, industry, non-profit and advocacy. Nine themes were identified and include:

- Suboptimal quality of care
- Person-Centered, Goal-Concordant care
- Multidisciplinary team-based care coordination
- Prevention across the life course
- Digital health solutions
- Workflow
- Education and self-management support
- Payment
- Achieving community, health system and payer goals

The analysis from this qualitative study found significant challenges in advancing PCCP that will require aligning payment, policy, and a cultural change. The authors of this paper identify PCCP as central to health care redesign when delivering healthcare in patients living with or at risk for MCC.

The Multiple Chronic Conditions Resource Center offers FREE access to current clinical guidelines and resources to support the comprehensive care for the nation's largest patient population – those living with two or more chronic conditions.

[Resource Center](#)

NEW PODCAST:



PODCAST: A Paradigm Shift: Integrating Palliative Symptom Management in Multiple Chronic Conditions

Dr. Eduardo Bruera MD Chair, Department of Palliative, Rehabilitation, & Integrative Medicine | University of Texas MD Anderson Cancer Center
 Cancer, Pain and Symptom Management, Research, Palliative Care

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MORE PODCASTS:



PODCAST: Dr. Paul Ciechanowski discusses the benefits of integrated behavioral health models in primary care

In the fifth edition of the MCCRC Podcast, Dr. Kim Kuebler sits down with Dr. Paul Ciechanowski to talk about the benefits of integrated behavioral health models in primary care, why integrated care is a preferable model to hiring psychiatrists or social workers as part of a co-located model, and much more.

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PODCAST: Dr. Irina Koyfman discusses Chronic Care Management - Do's, Don'ts, and Everything in Between

In the fourth edition of the MCCRC Podcast, Dr. Kim Kuebler sits down with Dr. Irina Koyfman to talk about Chronic Care Management (CCM), getting in depth on what CCM really is, why specialists should consider doing CCM, and the future of CCM.

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PODCAST: How the human immune system relates to Multiple Chronic Conditions

In the third edition of The MCCRC Podcast, Dr. Kim Kuebler sits down with Dr. Matthew Sorenson to talk about how the human body is impacted by chronic conditions, the different types of cells in the immune system, and the factors impacting immune health.

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PODCAST: Helping overloaded people remaining in the workforce

Dr. Kim Kuebler sits down with Dr. Glenna Crooks to talk about her most recent research on helping overloaded people remaining in the workforce, along with her most recent book "The NetworkSage: Realize Your Network Superpower."

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PODCAST: Understanding the Link between diabetes and low testosterone in men

Dr. Julian L Gallegos PhD, FNP-BC, Clinical Associate Professor, Director, Doctor of Nursing Practice Program Purdue University

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UPCOMING PODCASTS:



Arlene Bierman
MD, MS

Brittany Watson
MD, MPH

Jane Pederson
MD, MS

The Multiple Chronic Conditions Resource Center (MCCRC) has an upcoming Podcast with **Arlene Bierman MD, MS**, Chief Strategy Officer at AHRQ. Previously, Dr. Bierman was Director of the Center for Evidence and Practice Improvement at AHRQ. **Brittany Watson MD, MPH**, Department of Family and Community Medicine, Wake Forest University School of Medicine, Atrium Health Wake Forest Baptist and first author of this paper. This podcast will be moderated by **Jane Pederson MD, MS**, Chief Medical Quality Officer Stratis Health, Minnesota and Editorial Board member of the MCCRC.

What's Your Opinion?

Please take a few minutes to provide your feedback about *Multiple Chronic Conditions*. We want to know what you like and what you'd like to see us do differently.

Tell us what you think!

[Share your feedback](#)



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